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## ADDITIONAL FUNDING SOURCES

*Our mission is to make music therapy accessible to ALL families and children that need our services. Therefore, we have provided this hand-out about other outside funding sources that may be beneficial for you. In many of these organizations, persistence is the key to obtaining services. We are happy to do all that we can to partner with you to help access the services you are entitled to as families and children with special needs. Let us know how we can help.*

### THE REGIONAL CENTER

The Music Therapy Center of California is a vendor with the Regional Center. Our vendor # is PQ4085. The California Code of Regulations lists music therapy as a potential vendor for Regional Centers. Funded music therapy services may include after-school socialization groups, behavior support, or therapy for individuals under age three or over age 22 who may be ineligible for educationally related music therapy through the public schools. If you're interested in obtaining funding for services through MTCCA, contact your case manager to complete request for purchase of service (POS) form.

Music therapy services can be provided through a community-based center that may include social and behavior goals for the child through classes or individual therapy. In addition, individuals ages 0-3, or over age 22 who are not able to receive music therapy through their educational program may request these services.

**Title 17 Code of Regulations Division 2, Chapter 3: Community Services**  
Subchapter 2: Vendorization, Article 3: Vendor Numbers and Service Codes  
Section 54340: Vendor Identification Numbers, Service Codes, and Subcodes

**(48) Music Therapist - Service Code 693.** A regional center shall classify a vendor as a music therapist if the vendor possesses a valid registration issued by the National Association for

Music Therapy, and uses music media and activities to effect change or growth in the individual's:

- (A) Self-awareness;
- (B) Gross motor development;
- (C) Fine motor development;
- (D) Eye-hand coordination and visual tracking;
- (E) Visual, auditory, and tactile awareness and perception;
- (F) Language development and communication skills;
- (G) Emotional expression;
- (H) Self-esteem and body image;
- (I) Socialization and community awareness; and
- (J) Stereotypical behaviors.

## **MEDICARE**

Since 1994, music therapy has been identified as a reimbursable service under benefits for Partial Hospitalization Programs (PHP). Falling under the heading of Activity Therapy, the interventions cannot be purely recreational or diversionary in nature and must be individualized and based on goals specified in the treatment plan. The current HCPCS Code for PHP is G0176.

The music therapy must be considered an *active treatment* by meeting the following criteria:

1. Be prescribed by a physician;
2. Be reasonable and necessary for the treatment of the individual's illness or injury;
3. Be goal directed and based on a documented treatment plan;
4. The goal of treatment cannot be to merely maintain current level of functioning; the individual must exhibit some level of improvement.

## **PRIVATE INSURANCE**

The number of success stories involving third party reimbursement for the provision of music therapy services continues to grow. Over the past twelve years a growing public demand for music therapy services has been accompanied by a demand for third party reimbursement. In response to the increasing demand we have worked to facilitate the reimbursement process for clients of music therapy services.

The American Music Therapy Association now estimates that at least 20% of music therapists receive third party reimbursement for the services they provide. This number is expected to increase exponentially as music therapy occupies a strong position in the health care industry.

Insurance companies are recognizing the advantages of including music therapy as a benefit as they respond to the increasing market demand for greater patient choice of health care services. Companies like, Blue Cross/Blue Shield, Humana, Great West Life, Aetna, Metropolitan, and

Provident have reimbursed for music therapy services. Music therapy is comparable to other health professions like occupational therapy and physical therapy in that individual assessments are provided for each client, service must be found reasonable and necessary for the individuals' illness or injury and interventions include a goal-directed documented treatment plan. Like other therapies, music therapy is typically pre-approved for coverage or reimbursement, and is found to be reimbursable when deemed medically necessary to reach the treatment goals of the individual patient. Therefore reimbursement for services is available in a large variety of health care settings with patients with varying diagnoses. Select individuals receive third-party reimbursement for music therapy services when deemed to be medically necessary by a physician's referral. Reimbursement also may occur when music therapy is provided in conjunction with another service that is covered by insurance, such as speech therapy.

### ***CPT CODES***

**CPT (Current Procedural Terminology)** is a systematic listing and coding of procedures and services performed by physicians, therapists, or other healthcare professionals in clinical practice. This coding system was developed by the American Medical Association (AMA) and is being utilized by the majority of insurance companies for reimbursement purposes.

How do CPT codes pertain to music therapy? Currently, many case managers and insurance companies consider the CPT codes manual the reference of choice. The insurance company will reimburse for the therapy or service rendered based on a dollar amount per code. In addition, this code number may designate a fifteen-minute block of time. If a therapist is performing a specific service for one hour, then that code number would be used and the dollar amount multiplied times four. In one therapy hour, a therapist may use two or three different codes, and each code may be assigned a different dollar amount.

Currently, there are insurance companies that are reimbursing for prescribed music therapy services once certain CPT codes have been approved by the case manager, utilization review director, or an insurance adjuster. Currently, in order to bill insurance companies for music therapy, CPT codes must be approved prior to rendering the service.

The following are CPT codes which have been utilized by case managers and insurance companies, and which music therapists currently use to get reimbursed for their services. Related healthcare professionals (i.e. physical, occupational, speech and recreational therapy) use some of these CPT codes as well, and are successfully receiving reimbursement.

<b>CODE</b>	<b>TITLE</b>	<b>DESCRIPTION</b>
97110	Therapeutic Procedure, one or more areas, each 15 minutes	Therapeutic exercises to develop strength and endurance, range of motion and flexibility
97112	Neuromuscular Re-education	Of movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities
97113	Aquatic Therapy with	

	Therapeutic Exercises	
97116	Gait Training	Includes stair climbing
97150	Therapeutic Procedure(s), Group (2 or more individuals)	Group therapy procedures involve constant attendance of the physician or therapist, but by definition do not require one-on-one patient contact by the physician or therapist
97530	Therapeutic Activities (one-on-one), each 15 minutes	Direct patient contact by the provider (use of dynamic activities to improve functional performance)
97535	Self Care/Home Management Training, each 15 minutes	Activities of daily living (ADL) and compensatory training, meal preparation, safety procedures, and instructions in use of assistive technology devices/adaptive equipment; direct one-on-one contact by provider
97537	Community/Work Reintegration Training, each 15 minutes	Shopping, transportation, money management, avocational activities and/or work environment/modification analysis, work task analysis; direct one-on-one contact by provider
97542	Wheelchair Management/Propulsion Training, each 15 minutes	
97139	Unlisted Therapeutic Procedure	Specify
97532	Development of Cognitive Skills (one-on-one), each 15 minutes	Improve attention, memory, problem solving, (includes compensatory training), direct patient contact by the provider
97533	Sensory Integrative Techniques (one-on-one), each 15 minutes	Enhance sensory processing and promote adaptive responses to environmental demands, direct patient contact by the provider
97799	Unlisted Physical Medicine-Rehabilitation Service or Procedure	
96105	Assessment of Aphasia (per hour)	Includes assessment of expressive and receptive speech and language function, language comprehension, speed production ability, reading, spelling, writing with interpretation and report
96110	Developmental Testing	Limited with interpretation and report
96111	Extended Assessment (per hour)	Includes assessment of motor, language, social, adaptive and/or cognitive functioning by standardized developmental instruments with interpretation and report
96115	Neurobehavioral Status Exam (per hour)	Clinical assessment of thinking, reasoning and judgment (e.g. acquired knowledge, attention, memory, visual spatial abilities, language functions, planning), with interpretation and report
92506	Evaluation of Speech	Evaluation of speech, language, voice,

		communication, auditory processing, and/or aural rehabilitation status
92507	Treatment of Speech; Individual	Treatment of speech, language, voice, communication, and/or auditory processing disorder (includes aural rehabilitation)

## **OTHER SOURCES**

Additional sources for reimbursement and financing of music therapy services include: many state departments of mental health, state departments of mental retardation/developmental disabilities, state adoption subsidy programs, private auto insurance, employee worker's compensation, county boards of mental retardation/developmental disabilities, IDEA Part B related services funds, foundations, and grants.